



**Our Vision Our Future,  
Chesterfield, Derbyshire**

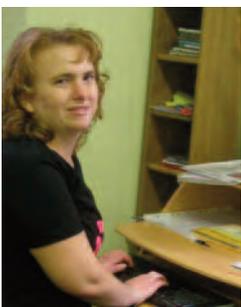
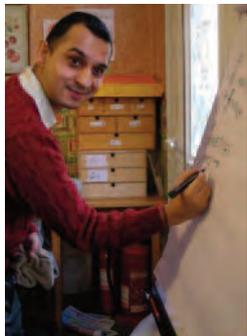
Self-advocacy group run by, and for, adults with learning difficulties in the Chesterfield, North East Derbyshire, Amber Valley and Bolsover area.

# Making Choices

Our Vision, Our Future provides a meeting place and ongoing support to enable adults with learning difficulties to live their lives as independently as possible. The group meets regularly and decisions about the future are made by members.

**“I got involved because I wanted to change my career,” says Kevin White, “and now I’ve been coming here for 17 years.”**

“I do office work and training about things like hate crime and I’ve been on a computer course. It’s given me a lot of confidence and self-esteem. I feel very positive and more independent and in control – particularly as I now get direct payments. I’d like to carry on here till I retire – we help each other and we’re listened to and treated like real people.



**“We talk about different things and get on with people. It’s helped me a lot to go out and talk to people and explain what we do.”** says David McCabe.

Sally Dean agrees: “I like it here – sometimes I’m confident but not always, David always helps me. I come here and I wash pots and do vacuuming, I’ve even done some presentations.

**“I used to have problems where I lived with local kids bullying me – I wouldn’t even open the door to the police at night. I’m calmer now and I’ve got a new house where I know the neighbours.**

“It’s helped me a lot to come here. We had a party at Frankie & Bennies and that was great fun, I’d love to go back there again.”

**“It’s run by and for members,”** says Vicky Rose. **“It’s changed our lives because we’ve learnt that we do have choices and we’re encouraged to be independent – and that makes us all healthier and happier.”**

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